

REF. 686

Loaf With Chia Seed 300g

Made with Chia Seed, rich in fibre, antioxidants, calcium and omega 3 fatty acids. Properties of the Chia Seed. • Chia is the largest plant source of Omega-3 fatty acids. • Contains antioxidants, proteins, amino acids, vitamins, minerals and fibre. • Provides energy and helps control cholesterol and blood pressure. • Eases digestion, improves intestinal transit and has a satiating effect • Helps control sugar levels. Offers benefits for diabetics. • Helps in maintaining good cardiovascular health. • Promotes muscle development and tissue regeneration. • Low in sodium.

						
300 g	26 cm	13 u.	48 boxes	175-185 °C	15-20 min	25-30 min



STONE OVEN · LONG RESTS · HANDMADE · HIGHLY HYDRATED · HIGH DURABILITY ·